

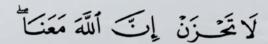
# VOICE & ISLAM

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# Inspirational Quotes for Life's Challenges

Life is full of challenges and we need all the help we can get to overcome whatever that comes our way. Here are some verses from the Quran which we can draw strength and inspiration from as we face life's Everest



La Tahzan Innallaha Ma'ana

Don't be sad. Allah is with us.

لَا يُكَلِّفُ ٱللَّهُ نَفْسًا إِلَّا وُسْعَهَا أَ

Laa Yukallifullahu Nafsan Illa Wus'aha

Allah does not burden a soul more than it can bear.

ٱسْتَعِينُواْ بِٱلصَّبْرِ وَٱلصَّكَوٰةِ

Istainu bissobri wassolah

Seek help through patience and prayer.

فَإِنَّ مَعَ ٱلْعُسْرِيسُرُ إِنَّ مَعَ ٱلْعُسْرِيسُرًا

Fa inna ma'al usri yusra, Inna ma'al usri yusra
For indeed, with hardship [will be] ease; Indeed, with hardship [will be] ease.

فَإِذَا عَنَهْتَ فَتَوَكَّلُ عَلَى ٱللَّهِ

Faidza 'azamta fatawakkal 'Alallah

And when you have decided, then rely upon Allah.

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Since its launch in 1993, twenty-seven mothers from the different communities have been honoured with the Presidential Shield for the Exemplary Mother Award (EMA) - Singapore's Roll of Honour for Mothers with the Indomitable Spirit.

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This year's Jamiyah's annual collection of donation at ten mosques (on 23 August) was extra special as volunteers and staff were ferried by about twenty taxi drivers from PADI (Perpaduan Amal dan Ibadah [Association for Charitable and Religious Activities]).

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## **Editorial Board**

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## Dear Readers

Assalaamu'alaikum – and Greetings to All!

As mentioned in the last Editorial and implemented in the previous issue of the *Voice Of Islam* (VOI), this magazine will now focus more on featuring success stories, breakthroughs and achievements of Jamiyah Singapore and its Departments, Homes and Centres. This is to allow greater and in-depth sharing of the good work done by our staff with the community.

In the previous May-Aug edition, Jamiyah's Singapore Muslim Festival (SMF) 2019 took centre stage. For this issue, the *27th Exemplary Mother Award* (EMA) is the obvious and natural choice for the Cover Story. Launched in 1993, the EMA is a prestigious national-level event as it can be considered as "Singapore's Roll of Honour for Mothers with the Indomitable Spirit", as elucidated in the EMA tagline introduced this year.

The EMA is indeed a noble project as not only is it an occasion to honour mothers for their love and sacrifices for the family, but also plays a nation-building role as it brings together the different members of the Singapore Family. In fact, the past twenty-six EMA and the first Exemplary Young Mother Award (EYMA) - which was introduced in 2018 – winners comprised mothers from various communities who came from different social and economic backgrounds.

To widen the outreach and social impact of the EMA, Jamiyah organised the inaugural 'In Conversation With Mothers' event in August for the EMA alumni to share their experiences with others (see page 26 for story). Online nomination was also introduced to make it easier for members of the public to submit their nominations.

Moving forward, Jamiyah will work with relevant partners and stakeholders to canvass ideas on how to take the EMA to a higher level. If you have suggestions or feedback to share about the EMA - or on any of the stories featured in this VOI - please email your thoughts to info@jamiyah.org.sg.

Happy Reading!

# Jamiyah Child Care Gets SPARK Accreditation - Congratulations!



amiyah Child Care Centre (JCCC) received the SPARK (Singapore Pre-school Accreditation Framework) at the Early Childhood Conference 2019 organised by the Early Childhood Development Agency (ECDA) on 13 September 2019. Held at the Suntec Convention & Exhibition Centre, the certification recognises centres with strong teaching and learning practices which include a well-designed and integrated curriculum and strong pedagogies to support children's holistic development.

SPARK's five core values are: Child our Focus; Leadership with Vision; Professionalism with Impact; Partnership for Growth; and Innovation with Purpose. A total of 113 pre-schools received their SPARK Certificate from Ms Low Yen Ling, Senior Parliamentary Secretary Ministry of Education & Ministry of Manpower, who graced the event as the Guest of Honour. Every centre was presented with a Plaque and Certificate.

"The certification is a fitting tribute to the dedication and hard work by the JCCC team to always provide the best programmes for our students," says Mdm Faridah Ajis, Principal of JCCC. Staff who were involved in the assessment for the SPARK accreditation were invited to the ceremony in appreciation of their valuable contribution to secure the prestigious accolade.

"We had to meet seven criteria of the Quality Rating Scale (QRS) comprising Curriculum, Pedagogy and Health, Hygiene and Safety, Leadership, Planning and Administration, Staff Management, and Resources. The students also contributed to the success as they were very cooperative during the assessment which showed the effectiveness of the teaching and learning process. It was truly a team effort!" shared Mdm Faridah.

"Congratulations to the Principal and Teachers of Jamiyah Child Care Centre for achieving the SPARK certification – well done! All of Jamiyah's Early Childhood Education Centres are now SPARK-certified, a testimony of the high level quality of teaching staff and educational programmes that are available at our pre-schools," said Mr Mohd Yunos Mohd Shariff, Jamiyah's Vice-President II

# Family Sports Day at Arena@OTH

amiyah Global Child Development Centre (GCDC) @ Tampines held its Family Sports Day on Friday 21 June at Arena@OTH (Our Tampines Hub). The aim of the Sports Day is to promote the spirit of Teamwork, Sportsmanship and above all, the 'Desire to Win'. The event also emphasised the importance of the "Healthy Mind in a Healthy Body" concept to the students as playing sports and games are proven beneficial activities for health and wellness.

The much-anticipated event was attended by enthusiastic students, parents, grandparents and teachers. The dazzling equestrian display set the tone for the day as once the races began, the atmosphere was filled with lots of cheering and encouragement for the young athletes!

Children from 2 to 6 years old competed in events including sprints, relays, sack, obstacle and skipping races. There was a staff relay race and tug-of-war contest between the parents who also participated in the inter-class football competition, poison ball, dodgeball and captain ball.



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Experiential learning in progress at Kindsville for Jamiyah GCDC @ Woodlands' students

# Learning Journey to Kindsville

As a wrap-up to Jamiyah Global Child Development Centre (GCDC) @ Woodlands' Innovative Guidance Project (IGP) 2019, our students embarked on several meaningful activities to internalise the values of respect and kindness.

For example, on 5 September, they went on a fieldtrip to Kindsville at the Singapore Kindness Movement's headquarters in Stamford Road where they engaged in storytelling and role-playing that highlighted the different acts of kindness. The students also brought home the Kindness Kit comprising task cards, art materials and scrapbook to reinforce the lessons learnt at home.

Another kindness project was the 'Lemonade Giveaway' on 26 September with self-made cards given to members of the public at Woodlands Interchange. Such activities have helped to further reinforce in the children the importance of being kind, caring and empathetic towards others. This will contribute to the development of their people skills, emotional quotient (EQ) and growth as engaged and caring members of the society.



# JEC's Pioneer Diploma Tahfiz Graduates

amiyah Education Centre (JEC) celebrated another milestone on 8 September 2019 during the graduation of the first batch of students for its Diploma Tahfiz wal Qiraat (DTQ) programme. The DTQ programme is a collaboration between JEC and Kolej Universiti Islam Melaka (KUIM), and is the only full-time academic course in Singapore which offers a Diploma in Quran memorization. The pioneer graduates – each with a CGPA of 3.00 and above - received their scrolls in a Convocation Ceremony held in KUIM.

As part of the diploma programme, students learnt the 7 Qiraat, which are variant (accepted) recitations of the Quran, and other related sciences of the Quran. They were also required to complete a 6-week practicum which trained them how to apply and contextualize their knowledge and skills in a work environment.

Nur Kaamilah Abdullah, a Vice-Chancellor's Award recipient who made the Dean's List for each of her 6 semesters, advised those who wanted to memorize the Quran to recite the verses before, during or after their solat (prayer), ideally without looking at the Quran. Other DTQ graduates emphasised on the importance of always being in a prepared spiritual state before memorizing new verses, such as taking wudhu' (ablution), reciting Surah al-Fatihah and the selawat (praises to Prophet Muhammad SAW). In addition, the memorizers should repent and avoid from commiting sins, and humble



themselves to the Almighty, as it is only by His Will that they will be able to memorize the verses.

Other Quran memorization tips from the DTQ graduates include:

- Read and understand the translation of the verses
- Set a weekly target: divide into daily sections, or divide a page into a few sections, or memorize individual verses
- After memorizing, record yourself reciting the verses, listen and check against the Quran to ensure accuracy
- Revise your memorization regularly, especially newlymemorized verses
- Find out what works best for you: some can sit for hours memorizing while others excel in flexible schedules

# JK Teams Up with Irish Rugby Club

hen the Singapore Irish Rugby Club (SIRC) approached Jamiyah Kindergarten (JK) if it was interested in giving its students a chance to learn how to play noncontact rugby, JK's Principal Mdm Nurull Yasotha accepted the invitation with opens arms. "Apart from the healthy and active lifestyle aspect inherent in playing the sport, rugby also develops better concentration, discipline, and determination in children. It also teaches them to be a team player, to respect everyone thus building a strong camaraderie among them," said Ms Nurull.

The weekly session is conducted at the Canadian International School's Tanjong Katong campus where JK students also play the game with children from other schools. "The opportunity to build new friendships is another important feature of the SIRC's rugby programme. It develops our students' confidence in stepping out from their comfort zone and to make new friends," she added.

Parents were invited to attend the first session on Sunday 29 September where they also joined their children during the tryout games – and had lots of fun together! There are also plans for JK students to participate in interschool competitions once their coaches from SIRC feel they are ready.

## Having Fun Raising Funds



For JK's 'Start Small Dream Big' (SSDB) project this year, we are supporting the Down's Syndrome Association of Singapore (DSAS). The SSDB's objective is to instill the values of caring for everyone and giving back to society. Using recyclable materials, they designed and created flower vases, tote bags, collages, stationery holders and soft toys.

On Saturday 31 August, JK teachers and students sold the creations at makeshift stalls in their classrooms. They also sold the plants which they grew like mint, spinach, and curry leaves. The students enjoyed their entrepreneurship experience and all the proceeds raised were donated to the DSAS. We would also like to thank the parents and families who came to support the event.



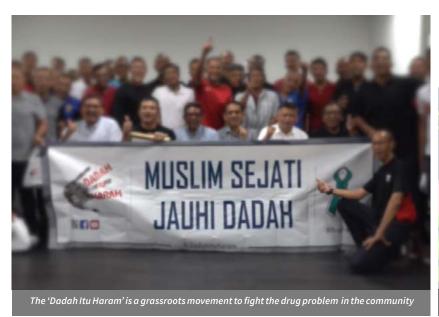




All for a good cause - JK students, parents and staff at the SSDB's fundraising event

Jamiyah Halfway House

# An Inspirational Visit by a Special Guest





Residents of Jamiyah Halfway House (Darul Islah) welcomed actor Aaron Aziz on Saturday 24 August who visited them as part of the 'Dadah Itu Haram' (Drugs Are Forbidden) movement's efforts to spread the antidrug message.

The movement was launched in April 2017 and is a ground-up initiative aimed at rallying the Muslim community to strengthen its resilience against the harms of drug abuse. To date, around 300 volunteers and advocates have joined the campaign, including the staff and volunteers from Darul Islah.

During his talk, Aaron emphasised that while everyone will have problems

in life, "the important thing is to face and overcome the challenges and not succumb to the difficulties through drug abuse." He also encouraged the residents to set goals and focused their energies to achieve them.

Aaron believes that every effort taken by the community to fight the drug menace will have a positive impact in the long run. "We must continue to encourage and support those who are trying to turn over a new leaf and rebuild their lives," added Aaron.

A resident, Mr 'Salleh' (not his real name) shared how his mother stood by him throughout his battles with substance abuse and was so proud of him when he completed the Acronis-YRF (Yellow Ribbon Fund) IT Skills

Programme. "Her unwavering love and patience gave me the self-belief that I could change for the better and turn my life around."

Head of Darul Islah, Mr Mohamad Faizal Abas, believes that the session with Aaron has inspired and empowered the residents to strive for a better life. "I think Aaron's message of 'You know what's right and wrong; what's good and bad; take care of yourself; have ambitions in life; there's nothing that can't be achieved.' really connected with the residents," said Mr Faizal.

Agreeing, Mr 'Salleh' said that Aaron's genuine concern and sincere sharing greatly touched the residents, "He spoke from the heart and it touched ours."

moy Canning was among the fifty companies featured in the "Made-in-Singapore" exhibition as part of the nation's golden jubilee celebrations in 2015. The family-run company is a household name in manufacturing and distributing food and beverage products with brands such as Amocan, Amofood and Delite. It has also won many awards including Tasty Singapore and Superbrands.

As part of its CSR (Corporate Social Responsibility) outreach programme, Amoy Canning staff visited Jamiyah Nursing Home (Darul Syifaa) on 18 August for the National Day celebrations and delighted the seniors with their heartfelt song and dance performance! Other activities that were organized for the seniors included batik painting, balloon sculpting, and karaoke singing. Now in its fifth year, the event was a joint collaboration with West Coast Heights RC and graced by Mr S. Iswaran, Minister for Communications and Information, and MP for West Coast GRC.



## Jamiyah Nursing Home

# Amoy Canning's Staff Bring Joy to Darul Syifaa Residents



Amoy Canning's Senior Vice-President, Mr Darius Huang (left)
presenting a food hamper to Dr H M Saleem (right),
Jamiyah's VP I, observed by Communications and Information
Minister, Mr S. Iswaran, to launch its food donation pledge
in support of Jamiyah FoodBank

"Our residents really look forward to the National Day celebration events because of the joyous carnival atmosphere. For many, the singing of community songs also brings back many wonderful memories for them. They also enjoy having visitors as it makes them feel remembered, valued and cared for," shared Mr Satyaprakash Tiwari, Head of Jamiyah Nursing Home.

During the celebrations, Amoy Canning also announced its support for Jamiyah FoodBank whereby it will donate canned food items for needy families. "We are grateful for Amoy Canning's support which will enable us to continue helping more than three thousand beneficiaries of the various races and faiths in Singapore. Our bi-monthly food ration distribution ensures that these families do not go hungry," said Dr H M Saleem, Jamiyah's Vice-President I.

If your company is looking for a worthy cause to organize a CSR programme, why not consider Jamiyah Nursing Home? For more information, please call us 6776-8575 or email jnh@jamiyah.org.sg.

## Jamiyah Children's Home

# Service-Learning Programmes for Darul Ma'wa Residents

he residents of Jamiyah Children's Home (Darul Ma'wa) paid a visit to Jamiyah Home for The Aged (Darul Takrim) as part of their Service-Learning Programme. Central to Darul Ma'wa's belief, "As we receive, the more we ought to give back", our residents underwent a Learning Programme to inculcate the values of giving back to the community.

They engaged the old folks at Darul Takrim by sharing meals, playing games and entertaining them with a sing-along session. This visit forged bonds between the two Homes whilst at the same time, enabled Darul Ma'wa residents to learn about empathy and strengthen their sense of responsibility to the community.

Another Service-Learning Programme organised for the Darul Ma'wa residents was a Beach Cleaning Exercise during the September School Holidays. Whilst relieving the physiological stress, the exercise is another opportunity to transfer the values of responsibility.





The residents reveled in playing a part to keep community shared spaces clean. At the end of the cleanup, they shared about the positive feeling of having done something good and being a part of a larger community. During the exercise, the residents learnt about caring for the environment, the importance of conservation and how they can contribute to the Ecosystem.

Darul Ma'wa also conducts in-house programmes as part of its initiatives to instill Social Emotional Skills - which is a component of the Personal Growth Model - in all residents.

The "Understanding Non-Verbal Cues" Programme was conducted during the September School Holidays. This programme stimulates experiential learning to support residents' ability in regulating and understanding their emotions and behaviour.

Through reflection learning, skits and role plays, they learnt about the importance of non-verbal cues when they are communicating with others, and how best to convey the different emotions which they are feeling during their inteactions with family and friends.



## Jamiyah Home For The Aged



# Forging Friendships with the Civil Defence Team

n Wednesday 9 Oct 2019, Jamiyah Home for the Aged (Darul Takrim) welcomed a team of volunteers from the Civil Defence Academy (CDA) - the premier training institution of the Singapore Civil Defence Force (SCDF). The visitors were led by CDA's Director Colonel Alan Chow and Assistant Commissioner (AC) Yazid Abdullah, Director of Volunteer Community Partnership Department.

This is part of Darul Takrim's engagement efforts with our community partners such as the SCDF whose CDA staff will visit the Home at least once a year to perform volunteer work, interact with our residents and put up performances to entertain the residents.

The CDA team came as early as 2pm to set up the main hall for the music performance by their NSF Band while the residents waited eagerly for the band's arrival. And what a show it was; our residents really enjoyed the performance and some even went to the stage to perform with the volunteers!

Among the voluntary contributions done by the CDA team is to spruce up Darul Takrim's garden area, as well as helping with the tidying efforts of the home. They also brought some refreshments for the residents who enjoyed the tea and snacks served to them at the end of the programme.



The afternoon ended with a short closing addresses by the two CDA leaders – Colonel Alan Chow and AC Yazid Abdullah – who also presented several gifts from the CDA for the Home to Mdm Zubaidah, Head of Darul Takrim.

In her speech, Mdm Zubaidah thanked the CDA for their continuing support for Darul Takrim, especially in brightening the lives of its residents with their volunteer and outreach programme in the community. "On behalf of the staff and residents, I'd like to say a big 'Thank You' to the CDA team and we look forward to your next visit!"

# Unity in Charity to Help the Needy in Our Community

ince 2017, the embassy of the United Arab Emirates (UAE) in Singapore has been donating sheep to Jamiyah for the korban ritual during Hari Raya Haji. This year, it had purchased twenty sheep and together with another hundred from donors, the sheep's meat was distributed to beneficiaries from low-income families at Jamiyah Halfway House (Darul Islah) on 11 August 2019.

Guest of Honour Associate Professor Muhammad Faishal Ibrahim, Senior Parliamentary Secretary for Education and Social and Family Development, distributed the korban meat to the recipients who came from four partnering social service organisations: Hasanah and Darussalam Mosque, Rotary Family Service Centre (FSC), and @27FSC that received 2kg of meat each.

Associate Professor Faishal said that he was heartened to see the sharing spirit exemplified by the distribution of the korban meat, and said that such sharing was made possible by the prosperity that Singapore enjoys.

Mr Mohamed Alfalahi, First Secretary, Head of Admin and Finance of the UAE Embassy in Singapore opined that, "The UAE has a strong relationship with Singapore and both countries share the values of caring for the underprivileged in the community. And the korban event with Jamiyah is a good avenue for us to help bring some cheer to the needy on Eid-ul-Adha."



Mdm Rahmah Jabbar, 59, a grandmother of six, who was among the recipients, said that she was grateful to receive the korban meat

grateful to receive the korban meat since "we rarely get to eat meat as it can be quite expensive". She also receives the bi-monthly food ration from Jamiyah FoodBank.

Jamiyah's korban meat distribution event received wide coverage in the national media with features in all the main newspapers – The Straits Times, Berita Harian, Lianhe Zaobao, Tamil Murasu – and BERITA Medicorp's evening Malay news.

"We are pleased to note that our korban event received such an extensive coverage and we really



appreciate the media's support in sharing the good work that Jamiyah does for the needy with the wider community," quipped Mr Mohamed Yunos Mohamed Shariff, Jamiyah's Vice-President II.

# Marriage Counselling Programme for Residents

amiyah Counselling Centre (JCC)
– a unit of Jamiyah's Community
Outreach and Development
Department – is the first agency to
be appointed by the Syariah Court
to conduct the mandatory Marriage
Counselling Programme (MCP) for
Muslim inmates who are undergoing
divorce.

Launched in June 2019, the aim of this initiative by the Syariah Court is to provide the required social and emotional support for the inmates and their spouses to try and save their marriage.

This follows a law change last year that made MCP compulsory for all Muslim couples who are planning to divorce. Senior Counsellors from JCC are deployed to conduct the MCP sessions. So far, the Syariah Court has referred a total of 81 cases to JCC.

### The MCP Experience and Outcome

Spouses of the inmates shared the immense challenges in coping with their day-to-day responsibilities, which inevitably led them to feel stressed out. The situation is worsened when they feel helpless because they do not know the avenues to seek assistance.

As such, they resort to make the impulsive decision of seeking a divorce from their incarcerated spouse, thinking that it will put an end to their problems.



However, through the counselling sessions, some couples are able to find a common ground, have a better understanding of the underlying issues they are facing, and together identify the various ways to resolve them.

But there are also instances where the marriages could not be saved despite several MCP sessions. For this group of couples, the counsellors provide them with the necessary coping skills, psychological and social support by referring them to the various agencies to help them move on with life.

66

\*The Family and Inmates Through-care Assistance Haven (Fitrah) is an initiative by the Islamic

eligious Council of Singapore to help Muslim ex-offenders reintegrate into society)

Thinking of their families motivates them to change, but once they are out of prison, they also need strong support in order to be successful."

- JCC Senior Counsellor, Madam Siti Hazlinda Karim

## NATIONAL DAY OBSERVANCE



# **Celebrating National Day with a Bicentennial Show**

he children from the four Jamiyah Early Childhood Education (ECE) Centres put up a dazzling display during our National Day Observance ceremony on 8 August. Held at the Al-Malik Faisal Hall at Jamiyah's headquarters, the pre-schoolers portrayed five Singapore pioneers - Sang Nila Utama, Stamford Raffles, Tan Tock Seng, Munshi Abdullah and Naraina Pillai - in conjunction with Singapore's Bicentennial celebrations.

Decked in bespoke costumes and aided by props befitting the different periods of the five historical figures, the children wowed Guest of Honour Mr Lim Biow Chuan, Deputy Speaker of Parliament and MP for Mountbatten SMC, and the audience with their lively and colourful performances which they rehearsed diligently for the event.

Ms Nurull Yasotha, Senior Manager of Jamiyah ECE, said that her team chose the Singapore Bicentennial theme because it was important to instil early the right values and character traits in the children. "By playing the roles of the five pioneers who had made significant contributions to Singapore's development and progress, we hope the children will be inspired to make a mark and leave their own legacy in Singapore when they grow up," shared Ms Nurull.

Sang Nila Utama, the Palembang prince who arrived in Singapore in 1299 and established the Kingdom of Singapura ("lion city"), was portrayed by T Muhammad Thamar from Jamiyah Kindergarten who shared that "I learnt that he was wise and brave". Zhafran Zulkanaen from Jamiyah Global Child Development Centre (GCDC) @ Tampines played Munshi Abdullah whom many regarded as the founder of modern Malay literature. "I know now that he wrote the book Hikayat Abdullah," said Zhafran.

Their hard work was rewarded with a coverage in BERITA Mediacorp's evening news that day (8 August) that had sent its crew to film the children's performance. Congratulations to Jamiyah's ECE team!



# Study Trip to The Mississauga Food Bank, Canada

ince the early 1970s, Jamiyah Singapore has been providing food provisions to the needy in the community. To cater for the rising demand for food assistance, Jamiyah established its FoodBank in 2017 and became the first Malay/ Muslim organisation to do so. The number of beneficiaries receiving food rations has increased in recent years and Jamiyah FoodBank now serves more than 3,800 low-income families of all races and faiths.

"Our FoodBank was modelled after The Mississauga Food Bank (TMFB) after we had made two feasibility studies in 2014 and 2015. From this recent visit, we have learnt about new elements and methods such as aquaponics and also features in their operations which can help to improve our services and expand our help to the underprivileged in Singapore," said Jamiyah's Secretary-General, Mr Jaffar Mydin.

The aquaponics food bank is the first of its kind in Canada and was set up to produce fresh food for its beneficiaries. It's a combination of aquaculture which is freshwater fish farming and hydroponics, a water-based method of growing plants. With the utilisation of the aquaponics system, TMFB is able to produce plants and livestock more effectively as the remains of fishes are able to produce organic food for plants or vegetables such as Chinese cabbage, spinach and others. It also organises over 500 collection efforts and distributes 2.9 million packs of food to 20,000 recipients every year.

"The Mississauga Food Bank's efficiency lies not only in its operations, but also in its ability to attract and retain the efforts of its 5,000 volunteers who come from various backgrounds. This is another aspect that we would like to emulate." added Mr Jaffar.

For its bi-monthly food ration distribution, Jamiyah FoodBank mobilises its volunteers comprising both members of the public and staff from supporting corporations. If you'd like to help, please call 6910 2083 or email foodbank@jamiyah.org.sg. Volunteers will be deployed to sort, pack, distribute, and deliver the food rations to the homes of beneficiaries who are aged or home-bound due to physical disabilities.







# 

Since its launch in 1993, twenty-seven mothers from the different members of the Singapore Family have been honoured with the Presidential Shield for the Exemplary Mother Award

**COVER** 

The inaugural winner, Mdm Lim Geok Lan, set the benchmark with her grit and resilience in facing her life's Everest. She cared for her cancerstricken husband, took on multiple jobs to make ends meet, and ensured that her children went to university.

(EMA).

This year, Mdm Jamalia binte Shariff won the judges' hearts with her indomitable spirit in overcoming various adversities as she rebuilt her life with her three young children after her divorce. It must be significant consolation for her to see her children now doing very well in their studies and occupations.

To reinforce the Award's stature as a prestigious national-level event thus raising its profile and expanding its impact in the community, the EMA Committee added the tagline "Singapore's Roll of Honour for Mothers with the Indomitable Spirit".

In addition, Mr Mohd Hosni bin Abdul Malik, a co-director of the EMA, shared that there are also plans to develop ambassadorial roles for the EMA winners.

# The 27th Exemplary Mother Award

"We are exploring with our industry partners and corporate benefactors for the EMA Mothers for opportunities where they can share their stories and inspire others. The 'In Conversation With Mothers' (ICWM) forum organised last August was one such initiative (see page 26 for story)," said Mr Hosni.

(From left) Mrs Yu-Foo Yee Shoon and Ms Claire Chiang (Senior Advisor and Chairperson of EMA's Panel of Judges respectively); Mdm Jamalia Shariff, 27th EMA Winner; President Halimah Yacob and her husband Mr Mohamed Abdullah Alhabshee; Dr Tan Wu Meng (Senior Parliamentary Secretary Ministry for Trade and

Industry and Foreign Affairs); and Dr Mohd Hasbi Abu Bakar (Jamiyah's President)

In her speech at the Award ceremony, President Halimah Yacob commended the ICWM's forum as an example for Jamiyah's continuing efforts "to look at ways to multiply the impact of the Award". She also emphasised the importance of family support in helping "to ease the load on our women and enable them to take on various life challenges".

Adding to this, Jamiyah's President Dr Mohd Hasbi Abu Bakar, while fully acknowledging the contributions of mothers, also highlighted the part played by yet another significant group, namely, grandmothers. "They (grandmothers) perform overlapping roles – as stress buffers, family watchdogs, baby sitters, arbitrators and supporters...Working women have a lot to thank their mothers

"We are exploring with our industry in raising grandchildren and in balancing partners and corporate benefactors the unenviable task of having a family and for the EMA Mothers for opportunities advancing their careers," said Dr Hasbi.

#### **About the Exemplary Mother Award**

In 1993, the former President of Singapore, the late Dr Wee Kim Wee, presented Jamiyah Singapore with the first Presidential Shield to honour exceptional mothers who have gone through challenges and adversities in raising their children and families.

In 2005, former President of Singapore, Mr S R Nathan, presented the second Shield and introduced an additional criterion – community service by the nominees.

The third Shield was presented in 2017 by former President Dr Tony Tan Keng Yam. Making its third round this year, the Shield was awarded to the 27th Exemplary Mother Award winner by current President Halimah Yacob during the Award Ceremony in October.

# Singapore's Roll of Honour for Mothers with the Indomitable Spirit

After her divorce, Mdm Jamalia had to rebuild her life in a rental flat with her children who were 15, 13 and 11 years old then. She only had a Primary 6 qualification and could barely speak English, but persevered, worked odd jobs to ensure there was food on the table and supported her children's education.

Even when ill, she went to work to earn for the family. Today, her daughter is a medical doctor and second son is a businessman. She also encourages her children to care for their ailing father.

Her daughter, Dr Mumtaz, was overjoyed at her mother's winning the 27th Exemplary Mother Award, "My mother has instilled in me strength of character and strength in the face of adversity."

As for Ms Peria Nayakhi, the 2019 Exemplary Young Mother Award winner, it was her boundless energy and commitment to community service that helped her to emerge victorious.

A working mother and also an active volunteer, she takes care of her three children without help as she wants to instill in them the importance of being independent. She's also the Chairperson of the Punggol West Women's Executive Committee where she created a support system for women that allows them to contribute to society using their unique talents.



Peria Nayakhi volunteers for the personal fulfilment it gives her. "I tell my children wealth is one thing, but you need to be

wealth is one thing, but you need to be happy. Don't Just focus on materialistic things, emotional balance is necessary."

### About the Exemplary Young Mother Award

The Exemplary Young Mother Award introduced in 2018 is the Gen Y category that honours mothers below 40 years old who have displayed grit, entrepreneurial spirit, hard work, determination and contributed to the society.

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Children are our 'amanah' (entrusted responsibility) from the Almighty. So I did whatever I could to ensure they received the best upbringing possible in spite of the tough challenges 99 I faced as single mother.

Mdm Jamalia Shariff Winner, 27th Exemplary Mother Award

# Jamiyah Singapore: Events & Happenings



























Mr Mohamed Alfalahi (left), First Secretary, Head of Admin and Finance of the UAE Embassy in Singapore, and Jamiyah's VP II, Mr Mohd Yunos Mohd Shariff, at the Korban Meat Distribution at Jamiyah Halfway House on 11 Aug







KU SYUKRINA BINTI KU AZMI

Social Worker. Jamiyah Children's Home (Darul Ma'wa) Length of service: 5 mths

I joined Darul Ma'wa in May as a Social Worker and the past five months there have been a positive and fulfilling experience for me.

I never thought I would be working in Singapore and this is my first job after graduating. It is very challenging as I am working in a different country with different systems.

Being far away from my family during the month of Ramadan was also not easy and it took some time for me to adjust. During the first week, I cried every night and even thought of going home.

But as time passed by, I felt great satisfaction working with my colleagues and learned many new things there. I am also grateful for their support and guidance which have provided me with knowledgeable insights to social work perspectives in Singapore.

Equipped with the skills, experience and knowledge learnt thus far, I look forward to continue learning and contributing to Darul Ma'wa as a Social Worker in the future.



ARIEL BIANCA

Staff Nurse, Jamiyah Nursing Home (Darul Syifaa) Length of service: 5 mths

I joined Jamiyah Nursing Home after graduation as a Staff Nurse. I came to know of the opportunity from a good friend of mine and decided to give it a try to gain experience.

The first few months of working were tough as I had to adjust to the place because as a student, I spent most of the time in the hospitals and I got used to their routines. Thankfully, my colleagues in Jamiyah were welcoming and helpful. They guided me sincerely and closely to help me familiarise with the different processes required in caring for the residents.

Over time, I grew closer to them as they treated me like their younger sister and this has enabled me to adjust faster to my new working environment.

I believe that the valuable experience gained has helped me to become a better nursing professional. I also look forward to sharing what I've learnt with new colleagues.



Pre-School Teacher, GCDC @ Woodlands Length of service: 9 mths

I have been working as a pre-school teacher in Global Child Development Centre (GCDC) @ Woodlands since April 2019. I decided to join Jamiyah to experience how a not-for-profit organisation operates a childcare centre. In my short time here, it has been nothing short of amazing.

As a fresh graduate, I often found myself at a roadblock. There were many times when I felt that I was not as competent as the other teachers. However, I was given great mentoring and guidance by my colleagues who always encouraged me. With this strong support system, I have gained the confidence to take on the responsibility of having my own class. The highlight of working here is definitely the strong camaraderie which I share with my fellow colleagues.

It makes me feel happy to be part of the GCDC @ Woodlands which is a SPARK-certified centre. I hope I can progress further in this organisation thank you Jamiyah!



Language Teacher, Jamiyah Kindergarten Length of service: 9 years

I joined Jamiyah Kindergarten in 2010 as a Tamil Language Teacher and N2 assistant teacher. Since then, my love for children has kept me inspired to always find creative and novel ways of teaching the Tamil Language.

I enjoy making my own teachinglearning resources and writing children's stories. I am humbled that some of my stories have been shortlisted by the Ministry of Education for future publication.

Over the years I have learnt so much from my colleagues and principals, made so many friends. Best of all, some of my former kindergarten students have received recognitions in competitions and in primary schools for their Tamil Language skills.

I have four children, all grown-up and I am also a proud grandmother of adorable twins. My hobbies include writing short stories and poems in Tamil, cooking and reading.



Nursing Aide, Jamiyah Home For The Aged (Darul Takrim) Jamiyah Halfway House (Darul Islah) Length of service: 11 years

The journey towards becoming a patient care professional is not an easy one. It takes a lot of patience, resilience and dedication, especially when you are dealing with seniors who have health issues.

I am deeply pleased to be part of the team at Darul Takrim. We work as a unit and together we can surmount all the problems and challenges that come our way. The successes achieved have become milestones for us, and fostered a strong sense of comradeship.

I am very thankful for the opportunity to be part of the organisation. I am also greatly honoured to say that my colleagues have become like a family to me. Indeed, they have guided me to where I am today.

The past eleven years in Darul Takrim have been wonderful and I hope I can continue to learn and contribute more to improve the lives of the residents.



YOKNATHAN S/O S THAMBIRAJAN

Welfare Officer, Length of service: 12 years

I joined Jamiyah in 2007 and was attached to Darul Islah as a welfare officer after a long career in the Civil Service. I am experienced in the enforcement of discipline and counselling people in the different age groups. This has equipped me with the necessary skill sets to assist the residents in preparing for their return to society. I also attend upgrading courses provided by Jamiyah, the Singapore Prison Service, Score and the Social Service Institute.

It takes a team effort to win the antidrug battle and every member has to be passionate, sincere and committed to help the residents in rebuilding their lives. Apart from learning the art and science of rehabilitation, resilience and perseverance are also needed especially when dealing with recurring cases.

There are good prospects for career advancement in Jamiyah. I would like to express my heartfelt thanks and gratitude to Jamiyah and the staff of Darul Islah who have made my working experience a memorable one.



# JEC's Scholars Lecture Series

Ihamdulillah, Jamiyah Education Centre's (JEC) monthly series of lectures, aimed at fostering the love for knowledge in general and inculcating a culture of intellectualism amongst our Muslim public in particular, has just ended. The other objective was to help JEC's educational mission to be better known to our local asatizah and academic communities.

Launched in August 2017, the lectures, presented by 12 eminent local Islamic scholars and teachers and another 12 local academics (all with 'Dr' degrees), were successfully completed in October 2019. Lectures were conducted in Malay, delivered on every first Friday of the month, and held at JEC's Auditorium at Changi Road.

The first in this Lecture Series, entitled 'Demi Gemilang Al-Quran dan As-Sunnah', featured prominent local Asatizah, including Ustaz Dr Firdaus Yahya al-Hafiz, Ustaz Zakaria Shariff al-Hafiz, Ustaz Mohd Rizal Hussin, Ustaz Ahmad Haris Suhaimi, Ustaz Jazair Jumat, Ustazah Dr Sakinah Sabtu and Ustazah Susilawati Samaat.

They shared with participants useful approaches and tips about understanding the many facets of the Quran and Sunnah – origins, objectives, and the finer elements in the recitation, memorization, and interpretation of the Quran and Hadith.

After the completion of the first series, the second was launched - on the theme of 'Islam di Singapura' (Islam in

Singapore). The aim was to discuss and share with the invited experts, different aspects of Islamic belief and practice in Singapore. Despite the inherent difficulty in securing 12 local academics and scholars to come on board, *Alhamdulillah*, we finally managed to persuade them to come to JEC to share their reservoir of knowledge with participants.



'Siri Ceramah Dakwah' session by Ustaz Zakaria Md Shariff Al-Hafiz

They included Dr Walid Jumblatt (NTU), Dr Imran Tajudeen (NUS), Dr Nazry Bahrawi (SUTD), Dr Norshahril Saat (ISEAS), Dr Azhar Ibrahim (NUS) and Dr Pitchay Gani Aziz. Since Islamic practice is subjected to contexts and the wider environment that Muslims live by, speakers addressed topics and issues about Islam and local Muslims in ways that can help them maintain their Islamic identity while also become contributing partners to Singapore society as a whole.



# A Masterclass for Everyone

During the closing and final session, Dr. Hussin Mutalib, the then chairman of JEC who initiated the two-year Series with the help of JEC staff, expressed his satisfaction: "As a former academic with NUS for more than 35 years, I wanted our Muslim public to continue to value the pursuit of knowledge. What better way than incorporating these two series with related themes into JEC's education outreach than to invite prominent 'religious' and 'secular' speakers to share their knowledge and expertise with the audience. This effort is also a small contribution that Jamiyah can do to further inform the public of its education and dakwah mission, other than its many welfare programs that are already well known."

Overall, the feedback from participants has been overwhelmingly positive. Many called for a continuation of this effort, while others offered encouraging comments such as, "this is probably the first-ever attempt to see so many top asatizah and scholars under one roof", "the idea of infusing critical thinking in the pursuit of *ilmu* amongst our community is laudable indeed", "this approach of spreading *dakwah* through education should continue", and many other similar encouraging words.

One of the participants, Mr Jamil Lee, who embraced Islam three years ago, attended the lecture on "Muslims in Singapore and Muslims in Southeast Asia: A Comparison" by Dr Tuty Raihanah Mostarom, said that it was edifying for him to learn that that "there are many types on Muslims around the world".



Another attendee, Ms Noratikah Ahmad Nor, who came for Dr Imran Tajudeen's presentation on 'The History and Progress of Mosque Building in Singapore' felt that the knowledge gleaned from the session could be used by the common man to start ground-up intiatives "to ensure that our culture and heritage are not lost through the passage of time."

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The lecture series enabled participants to engage our local asatizah and scholars in an up-close and personal setting. I learnt a lot from the sessions."

- Ms Rita, an educator



Jamiyah Singapore's 2nd President (1933 - 1967)

# Syed Ibrahim Omar Alsagoff

He played an important role linking Muslims in Malaya to Arabia, the religious centre for Islam

n our earlier issues, we had featured the personal profiles of two key leaders of Jamiyah Singapore – Jamiyah's Founder and its first President in 1932, Maulana Abdul Aleem Siddique, and Jamiyah's President who was elected in 1970 and later expanded Jamiyah's community and national profile, Haji Abu Bakar Maidin. In this current Issue, it's time to pay tribute to yet another of Jamiyah's early beacon who became its second President from 1933 to 1967: Syed Ibrahim Omar Alsagoff.<sup>1</sup>

Born on 28 April 1899 in Mecca and died on 20 July 1975 in Singapore, Syed Ibrahim popularly known as S. I. O. Alsagoff - was a member of the wealthy trading Arab family, the Alsagoffs; other prominent Alsagoff names included Syed Mohamed Ahmed Alsagoff and Syed Abdul Rahman Taha Alsagoff (Engku Aman).

A successful businessman who headed a few local Arab companies (such as Alsagoff & Co. and S. O. Alsagoff), Syed Ibrahim was also the convenor of the first Muslim College in the then Malaya, and a publisher and writer of some repute. He also arranged for Muhammad Abdul Rauf, the top student of the Al-Azhar University

to come down to Malaya with his family which included the future imam Faisal Abdul Rauf, to head the Muslim College.

Through his leadership of Jamiyah, the Muslim community's relations with British officials (who were running Singapore's affairs in those days) were strengthened. This saw him being appointed to various positions in the colonial government, including as Justice of the Peace (1936) and a Municipal Commissioner (1940).

His experience and expertise were also capitalised upon by other Muslim countries, manifest in his appointment as Consul to Singapore, of countries such as Saudi Arabia, Iraq, Turkey, and Tunisia. These appointments subsequently led him to be conferred with high awards and honours from these countries. In 1952, the Johor state also decided to honour him: it bestowed upon him the 'Darjah Kerabat Johor' (The Family Order of Johore).

# A philanthropist businessman and community leader

Syed Ibrahim's Alsagoff family clan was one of the prominent Arab clans in Singapore at that time. His father, Syed Omar Alsagoff (who was born in Singapore), was himself a successful businessman who managed a few companies, including the S. O. Alsagoff, a Muslim pilgrim agency with a branch office in Jeddah.

After his demise in 1927, he tasked his son, Syed Ibrahim, to take over his businesses, including the Hajj and Umrah agency, a task which Syed Ibrahim was to later revealed, which enabled him to perform the Hajj at least 17 times.

From 1936 to 1939, Syed Ibrahim published the monthly journal, *Genuine Islam*, with the aim of channelling some of the profits to fund the missionary activities of Jamiyah, then known as the 'All Malaya Muslim Missionary Society'.

First published in January 1936, the journal – together with his frequent letters to *The Straits Times* - also served as a platform for the exchange of Eastern and Western thoughts on Islam, highlighting news on Islam, including the challenges facing Muslim Palestinians.

It also serialised the articles of prominent Muslim scholars of the era such as Muhammad Asad, Marmaduke

# A Gathering of Goodwill and Fellowship



Pickthall and Fazlur Rahman Ansari.

Other than the Genuine Islam journal, Syed Ibrahim also published an Arabic monthly entitled 'The Peace' and later on a monthly English magazine named 'The Muslim World'. His writing style is neither verbose nor grandiloquent. As the Quran is the immutable Constitution of Islam, Syed Ibrahim would quote from it as the final word in his writings on Islamic issues, regardless of the views held by the Sunni or Shia schools of thought.

As a member of the Constituent Council of the World Muslim League, Syed Ibrahim was given the right to publish the first English journal of the League. The first issue was released in 1963 and featured articles on topics such as 'Broadmindedness in Islam' and 'Status of Women in Islam'.

It was also during his time that the new Jamiyah Bungalow was built. Its

opening was witnessed by the then British Governor Sir Franklin Grimson. The building later became the venue for the historical meetings that led to the establishment of the Inter-Religious Organisation (IRO) of Singapore and Johore.

Continuing the foundation work of Maulana Abdul Aleem Siddique, Syed Ibrahim later assumed the presidency of the IRO of Singapore and Johore for three terms. As the symbol of interfaith unity, the IRO had a broad support base which included immigrants, entreprenuers, educationists and thinkers from the different races and faiths.

Syed Ibrahim also contributed actively in other community and welfare organisations such as the Muslim Trust Fund Association (MTFA), Society for the Prevention of Cruelty to Animals (SPCA), Singapore Rotary Club, and Arab Literary and Social Club.

He could do much for the local Muslim community because he was known to be a rich landowner. It was reported that his properties included not only posh residential mansions in Chancery Lane but also some islands and big estates in a few locations.

To his credit, he used his wealth and community positions to finance the building of mosques, madrasahs and Islamic institutions. These included the Muslim College in Klang, Selangor (where he headed its first Council from 1954 to 1958), and the expansion of Jamiyah's 2-storey building.

Syed Ibrahim also helped to build the Abdul Aleem Siddique and the Jamiyah Ar-Rabitah mosques. He passed on in July 1975 and was buried at the Ayer Gemuruh Muslim cemetery in Changi.

May Allah (SWT) reward him with Jannah. Ameen.

<sup>&</sup>lt;sup>1</sup>Much of Syed Ibrahim's profile was adapted from a National Library article by Bonny Tan, to which this VOI duly acknowledged with thanks.

# Tackling Parenting Challenges in the 21st Century

o expand the social impact of the annual Exemplary Mother Award (EMA) which is now in its 27th year, Jamiyah Singapore organised an 'In Conversation with Mothers' on parenting challenges in the 21st century featuring women leaders and former EMA winners and finalists. The 'In Conversation With Mothers' idea was mooted by Ms Claire Chiang, Chairperson of the EMA Panel of Judges during last year's award ceremony.

The dialogue session was held on 3 August 2019 at The Villa at the Singapore Botanic Gardens (opposite Halia Restaurant – venue and F&B sponsor for the event). Ms Sim Ann, Senior Minister of State for Communications and Information as well as Culture, Community and Youth, was the Guest of Honour for the event. Ms Sim is also the Adviser to the EMA panel of judges. Ms Claire Chiang, Senior Vice-President of Banyan Tree Holdings, and Chairperson of the EMA judging panel, also graced the event as a Special Guest.

Ms Maimon Salim, Chairman of Jamiyah Home For The Aged, was among the panellists. Mdm Hawa Zinat Jailani, Advocate & Solicitor, moderated for the forum which was attended by about fifty mothers from all walks of life.

Explaining the objective of organising the event, Mr Mohamad Hosni Abdul Malik, codirector of this year's EMA, said that, "It is to provide a platform in a casual and relaxed setting for past EMA winners and finalists, and women leaders from our community, to share their experiences in overcoming life's challenges, juggling the demands of career and family, while finding time to volunteer their services."

"The other reason is to extend the reach of the EMA - a national-level event - as Singapore's



'Roll-of-Honour for Mothers with the Indomitable Spirit' as the previous twenty-six winners come from the various communities with different socio-economic backgrounds," added Mr Hosni.

#### **Gems of Mothers' Wisdom**

Panellist Ms Faraliza Zainal, one of last year's EMA finalists, stressed the importance of having a positive mindset when facing tough times. "First is to accept reality; second is to embrace it; and third is to take concrete actions to manage the situation." Corporate trainer Ms Joyce Kingsley highlighted the importance of communication with one's spouse and children, and suggested the 'SOFTEN' technique: S – Smile; O – Open Posture; F – Forward; T – Tone; E – Eye Contact; and N – Nod.

First EYMA winner Ms Ju-Ann Thong shared how she was unable to be around much for her son during his PSLE (Primary School Leaving Examination) year as she had to accompany her husband for chemotherapy sessions at the hospital. "My son went to and from school on his own, visited his father at the ward, and did his homework there. Those times were both trying and gratifying because although we were taxed to the limit, we also formed stronger family bonds," said Ms Ju-Ann.

Ms Ling Bee Sian, 2016 EMA winner, emphasised the importance of making time for our loved ones, "Money that is lost can be earned. But time that's passed is gone forever; you can never get it back."

# Driven by the Spirit of Volunteerism

his year's Jamiyah's annual collection of donation at mosques (on 23 August) was extra special as volunteers and staff were ferried by about twenty taxi drivers from PADI (Perpaduan Amal dan Ibadah [Association for Charitable and Religious Activities]).

Said PADI's Chairman Mr Jafaar bin Md Said, "This is the first time we are involved in a Jamiyah project and our members are very happy to play a part in Jamiyah's Friday mosque collection." The PADI drivers ferried volunteers and staff from Jamiyah Children's Home (Darul Ma'wa) – the base of operations to their assigned mosques around Singapore.

To raise greater awareness of the event and elicit wider support from the community for the event, the Fundraising Team placed an advertisement in the print media. This was on top of the announcements on social media and chat groups.

Among the volunteers who came forward was Ms Siti Norashidah who is also a beneficiary of Jamiyah's FoodBank. "For me, I just want to help so those who are in need will feel cared for when they receive assistance," said Ms Siti. Her grandmother, Mdm Normah, who came on a wheelchair, hoped that more people can do what they can to help. "Jamiyah needs the community's support to continue providing help for the needy in our society." Ms Siti added.

Mr M. Subramaniam, Jamiyah's Fundraising Director, shared that it had "an overwhelming number of volunteers" who came to help for the donation drive which enabled them to reach out to more people.

"Our heartfelt thanks and gratitude to all our volunteers and donors for their generosity and kindness in making the donation drive a success,"





said Mr Subramaniam. The donations collected will be channelled towards expanding and improving the many welfare, social, educational and empowerment programmes that Jamiyah provides for the underprivileged in our community.

# Anugerah Ibu Teladan -

Bagi Para Ibu Yang Bersemangat Waja

Semenjak pelancarannya pada tahun 1993, dua puluh tujuh ibu daripada pelbagai anggota 'Keluarga Singapura' telah diikitiraf dengan *Perisai Presiden bagi Anugerah Ibu Teladan* (*Exemplary Mother Award* (EMA).

Pemenang pertama, Puan Lim Geok Lan, telah menetapkan contoh ukurtara dengan ketabahan dan kecekalan beliau dalam menghadapi liku-liku kehidupan. Selain dari menjaga suaminya yang menghidapi barah, beliau bekerja dengan bertungkus lumus bagi menyara kehidupan keluarga dan memastikan agar anak-anaknya belajar hingga ke universiti.

Tahun ini pula, Puan Jamalia binte Shariff telah menyerlah dengan semangat wajanya dalam mengharungi pahit getir membina semula kehidupan bersama tiga anak kecilnya setelah bercerai dengan bekas suaminya. Kejayaan anak-anaknya dalam pendidikan dan kerjaya masing-masing pasti menggembirakan hati beliau.

### Inisiatif-inisiatif Baru

Bagi meningkatkan profil EMA sebagai satu acara peringkat nasional justeru meluaskan jangkauan serta kesannya kepada masyarakat, Jawatankuasa EMA telah mencipta slogan "Singapore's Roll of Honour for Mothers with the Indomitable Spirit" (Senarai Terhormat Singapura Bagi Para Ibu Yang Bersemangat Waja).

Selain dari itu, ada juga rancangan untuk membentuk peranan sebagai Duta bagi para pemenang EMA. "Kami sedang berbincang dengan rakanrakan kongsi seindustri serta penaung korporat bagi mencari peluang untuk para Ibu Teladan berkongsi kisah hidup mereka sebagai inspirasi kepada yang lain," jelas Encik Mohd Hosni bin Abdul Malik, salah seorang pengarah Jawatankuasa EMA.

Sebagai inisiatif sulung, Jamiyah telah menganjurkan forum "In Conversation With Mothers" (Sembang-bual Dengan Para Ibu) pada Ogos lalu (sila lihat mukasurat 26 bagi liputan penuh). Satu lagi inisiatif baru bagi EMA tahun ini adalah menyediakan platform membuat nominasi dalam talian menerusi lelaman Jamiyah bagi memudahkan orang ramai menghantarkan pencalonan mereka.

"Lebih dari 60% pencalonan telah diterima menerusi lelaman Jamiyah. Kami juga telah menghasilkan sebuah video promosi bertajuk "Ibu...Ratu Hati Kami" yang memaparkan sedutan yang menyentuh hati dari interviu dengan beberapa para finalis EMA tahun lalu," tambah Encik Hosni.

### Mengatasi Cabaran Kehidupan: Kisah-kisah Pemenang

Setelah perpisahan dengan bekas suami beliau, Puan Jamalia terpaksa membina semula kehidupan beliau di sebuah rumah sewa bersama anak-anak yang ketika itu berusia 15, 13 dan 11 tahun.

Dengan hanya pendidikan darjah enam serta tidak fasih berbahasa Inggeris, beliau tetap tabah dan membuat pelbagai pekerjaan demi menyara kehidupan keluarga serta memastikan anak-anak mendapat pendidikan yang sebaiknya.

Walaupun sakit, beliau tetap bekerja untuk mencari nafkah. Kini, anak perempuan beliau adalah seorang doktor dan anak lelaki seorang usahawan. Beliau juga menggalakkan mereka memberi

segala keprihatinan kepada ayah mereka yang sudah uzur.

"Ibu telah menanam dalam diri saya semangat perjuangan dalam menghadapi segala cabaran. Beliau tidak pernah patah harapan dan menjalani liku-liku hidup dengan penuh kesabaran dan kecekalan. Saya akan bernasib baik jika dapat mencontohi separuh dari kekuatan beliau," kata Dr Mumtaz.

Bagi Cik Peria Nayakhi, pemenang anugerah Ibu Muda Teladan 2019, kesungguhan, tenaga dan komitmen beliau dalam kerja-kerja masyarakat telah membantu beliau memperolehi anugerah tersebut.

Seorang ibu bekerja yang juga sukarelawan yang aktif, Cik Peria Nayakhi menjaga sendiri ketiga-tiga anaknya tanpa bantuan, kerana mahu menunjukkan pentingnya berdikari pada mereka.

Beliau juga Pengerusi Jawatankuasa Eksekutif Wanita Punggol Barat di mana beliau telah mewujudkan satu sistem sokongan bagi wanita yang membolehkan mereka menyumbang kepada masyarakat menerusi kemahiran masing-masing. "Saya nasihatkan anak-anak saya bahawa harta itu satu perkara, tapi mereka perlu rasa bahagia. Usah fokus pada kebendaan saja, keseimbangan emosi juga penting."

### Mengenai sejarah Anugerah Ibu Teladan

Pada tahun 1993, mendiang Presiden Singapura Dr Wee Kim Wee telah menyampaikan Perisai pertama kepada Jamiyah Singapore. Perisai tersebut adalah sebagai simbol penghormatan kepada para ibu yang cemerlang yang telah berjaya mengatasi perit jerih kehidupan dalam menjaga keluarga dan mengasuh anak-anak mereka hingga berjaya dalam pendidikan dan kerjaya.

Pada tahun 2005, mendiang Presiden Singapura Encik S R Nathan, menyampaikan Perisai kedua dan menambah satu lagi kriteria – khidmat masyarakat bagi calon-calon. Perisai terkini telah disampaikan oleh mantan Presiden Dr Tony Tan pada tahun 2017 dan tahun ini adalah laluan pusingan yang ketiga dan telah dianugerahkan oleh Presiden Halimah Yacob kepada pemenang Ibu Teladan yang ke-27.

### Mengenai Ibu Muda Teladan

Anugerah Ibu Muda leladan telah diperkenalkan tahun lalu (2018) untuk memberi pengiktirafan kepada para ibu bawah usia 40 tahun yang telah menunjukkan kegigihar melayari cabaran hidup, semangai keusahawanan, menyumbang kepada masyarakat serta berjaya mendidikanak-anak dengan nilai-nilai yang baik

# جائزة الأم المثالية - وسام شرف سنغافورة للأمهات

### الترشيح عبر الإنترنيت

منذ إطلاقها عام ١٩٩٣م، تم تكريم ستة وعشرين أما من مختلف أعضاء الأسرة بسنغافورة بالدرع الرئاسي لجائزة الأم المثالية.

لقد وضعت الفائزة الأولى مدام ليم غوك ليان المعيار مع ابتسامتها ومرونتها في مواجهة أسوأ حياتها وهي تهتم كثيرا بزوجها المصاب بالسرطان حيث تولت وظائف متعددة لتكفل نفقاتها، وتأكدت من أن أطفالها ذهبوا

وفي عام ٢٠٠٥م، أعجبت مدام ياسميندر كور الحاكمات بتفانها في خدمة المجتمع وأصبحت الفائزة في الدورة الثالثة عشر لمسابقة الأم المثالية. وفي هذا العام، فازت مدام جمالية بنت شريف بقلوب الحاكمات بروحها التي لا تقهر في التغلب على العديد من المحن بينما قامت بإعادة بناء حياتها مع أطفالها الصغار الثلاثة بعد طلاقها. ولابد أن يكون من العزاء بالنسبة لها أن ترى أطفالها الآن في حالة طيبة للغاية في دراستهم ووظائفهم.

ومن أجل تعزيز أهمية الجائزة باعتبارها حدثا مرموقا على المستوى الوطني، وبالتالي رفع مكانتها وتوسيع تأثيرها في المجتمع، فأضافت لجنة تنظيم تكريم الأم المثالية شعار "قائمة الشرف للأمهات اللاتي يحملن الروح التي لا تقهر". بالإضافة إلى ذلك، قال السيد محمد حسنى بن عبد الملك، مدير مشارك جائزة الأم المثالية، إن هناك أيضا خططا لتطوير أدوار السفراء للفائزات في مسابقة الأم المثالية. " ونحن نستكشف مع شركائنا في الصناعة والمحسنين من الشركات لأن تملك الأمهات المثالية فرصا كي يمكنهن من خلالها مشاركة قصصهن وإلهام الآخرين. وكان منتدى "حوار مع الأمهات" الذي تم تنظيمه في شهر أغسطس الماضي من بين هذه المبادرات"، على حد قول السيد حسني.

ودعم تعليم أطفالها وحتى عندما مرضت، ذهبت إلى وقال السيد أزلان سالم، مدير مشارك لجنة تنظيم الأم العمل لتكسب من أجل الأسرة، واليوم، ابنتها دكتورة المثالية: إن هناك مبادرة أخرى في حفل تكريم الأم طبيبة وابنها الثاني رجل أعمال. كما تشجع أطفالها على المثالية لهذا العام وهي الترشيح عبر الإنترنت لتسهيل رعاية والدهم المريض. وكانت بنتها د. ممتاز سعيدة الجمهور في إجراءات الترشيح حيث تم استلام "أكثر من للغاية على فوز والدتها في مسابقة جائزة الأم المثالية ٦٠ ٪ مرشحة عبر موقعنا بالإنترنت. وقمنا أيضا بإنتاج السابع والعشرين حيث قالت "لقد غرست والدتي لي مقطع فيديو ترويجي بعنوان "أمي ... ملكة القلوب" قوة الشخصية وقوة في مواجهة الشدائد. إنها لا تتغمر والتي أظهرت قصاصات مؤثرة خلال مقابلة فائزات في شفقة النفس وتعيش الحياة بصبر وثبات ومرونة. مسابقة الأم المثالية للعام الماضي. سأكون محظوظة لامتلاك نصف قوتها".

وأثنت فخامة رئيسة الجمهورية السنغافورية مدام أما السيدة بيريا نياخي، الفائزة بجائزة الأم الشابة حليمة يعقوب في كلمتها التي ألقاها في حفل توزيع المثالية عام ٢٠١٩م، فقد كانت طاقتها غير المحدودة الجوائز منتدى "حوار مع الأمهات" باعتبارها مثالا على والتزامها بخدمة المجتمع هي التي ساعدتها على الخروج جهود الجمعية المستمرة "للنظر في طرق لمضاعفة تأثير منتصرة وهي والدة وظيفية وأيضا متطوعة نشيطة الجائزة". وأكدت أيضا على أهمية دعم الأسرة في وتعتنى بأطفالها الثلاثة دون مساعدة لأنها تربد أن المساعدة على "تخفيف العبء على نساءنا وتمكينهن من مواجهة تحديات الحياة المختلفة". إضافة إلى ذلك، تغرس فيهم أهمية أن تكون مستقلة وهي أيضا رئيسة فإن رئيس الجمعية الأستاذ الدكتور محمد حسبي أبو اللجنة التنفيذية للمرأة في بونغول الغربية حيث بكر محى الدين قال "مع الاعتراف الكامل بمساهمات أنشأت نظام دعم للنساء يتيح لهن المساهمة في الأمهات، سلط الضوء أيضا على الدور الذي تلعبه المجتمع باستخدام مواهبهن الفريدة. مع إعطاء مجموعة مهمة أخرى، ألا وهي الجدات ... إنهن الأولوبة للخدمة، تتطوع بيريا نياخي لتحقيق الأداء (الجدات) يؤدون أدوارا متداخلة - كحاجز للإجهاد ، الشخصى الذي يعطيه لها. "أقول لأولادي إن الثروة ومراقبات للأسرة والأطفال وحاكمات ومؤيدات ... شيء واحد ولكن لابد أن تكون سعيدا. لا تركز فقط وعلى النساء العاملات أن يشكرن أمهاتهن شكرا جزيلا على الأشياء المادية ، فالتوازن العاطفي ضروري ". على تربية أحفادهن وموازنة المهمة غير القابلة للتحسد المتمثلة في تكوين أسرة والنهوض بمهنهن".

# على وظائف غرببة لضمان وجود طعام على الطاولة

في عام ١٩٩٣م، قدم رئيس سنغافورة السابق، الراحل الدكتور وي كيم وي، لجمعية الدعوة الإسلامية بسنغافورة أول درع رئاسي لتكريم الأمهات الاستثنائية اللاتي واجهن تحديات ومحن في تربية أطفالهن

حول جائزة الأم المثالية

وفي عام ٢٠٠٥م، قدم رئيس سنغافورة السابق، السيد إس آر ناثان الدرع الثاني بمعيار إضافي - خدمة المجتمع من خلال المرشحين. وتم تقديم الدرع الثالث عام ٢٠١٧م من قبل الرئيس الدكتور توني تان كينغ يام مما يجعل دورته الثالثة بهذا العام وقد قدمته الرئيسة الحالية مدام حليمة يعقوب لفائزة جائزة الأم المثالية السابع والعشرين.

### حول جائزة الأم الشابة المثالية

وتم تقديم جائزة الأم الشابة المثالية عام ٢٠١٨م وهي فئة الجالية الشابة والتي تكرم الأمهات أقل من ٤٠ سنة اللاتي عرضن حصى وروح المبادرة، والعمل الجاد والعزيمة وساهم في المجتمع.



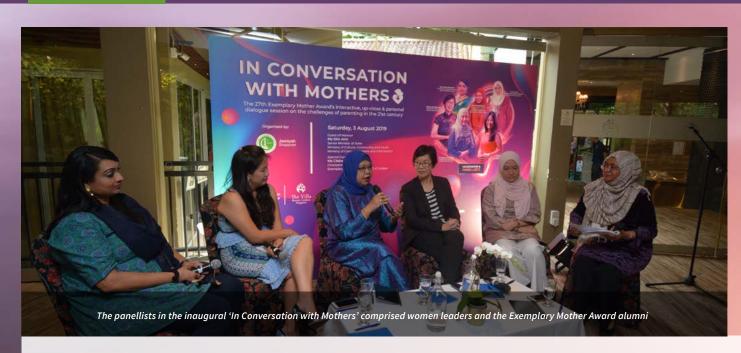


### قهر قمة الحياة: قصص الفائزات

بعد طلاقها، اضطرت السيدة جمالية لإعادة بناء حياتها في شقة مستأجرة مع أطفالها الذين كانت أعمارهم تتراوح بين ١٥ و ١٣ و ١١ عاما. وكانت أخر مؤهلاتها ابتدائي المستوى السادس فقط وكانت تتحدث الإنجليزية لكنها محدودة فكانت تعمل بثبات

# அன்னையரைச் சிறப்பிக்கும் ஒப்பற்ற

## அன்னை



1993-ம் ஆண்டு ஜாமியா ஏற்படுத்தியிருக்கும் ஒப்பற்ற அன்னை என்னும் அதிபர் விருது இதுவரை இருபத்தாறு அன்னையரைச் சிறப்பித்துள்ளது. புற்று நோயால் பாதிக்கப்பட்ட கணவரைப் பராமரிப்பதும் வருமானத்திற்காக பல்வேறு பணிகளை ஏற்றெடுத்துச்செய்தும் முன்மாதிரிப் பெண்மணியாகத் திகழ்ந்த திருவாட்டி லிம் கோக் லியான் இவ்விருதுக்காகத் தேர்வான முதல் ஒப்பற்ற அன்னை. திருவாட்டி ஜஸ்வீந்தார் கோர் 2005ல் விருது பெற்றவர். குடும்ப நலனும் சமூகப்பணியையும் இரு கடமையாக மேற்கொண்டுவந்த சிறந்த அன்னை இவர் ஒப்பற்ற அன்னை விருதுபெறும் பதின்மூன்றாவது அன்னை. இவ்வாண்டு விருதுபெறும் பதின்மூன்றாவது அன்னை. இவ்வாண்டு விருது பெற்ற திருவாட்டி ஜமாலியா பிந்தி ஷெரீப் பல்வேறு சவால்களைத் திறமாக எதிர்கொண்டு தனது மணமுறிவுக்குப்பின் தனது மூன்று பிள்ளைகளையும் வளர்த்து ஆளாக்கிய சாதனைப் பெண்மணி. இவரது பிள்ளைகள் இப்போது தத்தம் படிப்பிலும் வேலைகளிலும் சிறந்து விளங்குகின்றனர்.

இந்த விருதின் முக்கியத்துவத்தை வலியுறுத்தும் நோக்கில் ஜாமியாவின் இவ்விருது ஏற்பாட்டுக்குமு இதனை சிங்கப்பூரின் சாதனை அன்னை சிறப்பு விருது என அறிமுகப்படுத்துகின்றனர். ஏற்பாட்டுக்குழுவின் ஒருங்கிணைப்பாளர் இவ்விருத்தாளர்களை குடும்ப நல்லெண்ணைச் தாதர்களாக செயலாற்றும் திட்டமும் வைத்துள்ளனர். நிறுவனங்களையும் தொழில் அமைப்புக்களையும் அணுகி அவர்களிடம் பணியாற்றும் சிறந்த அன்னையர் குறித்த விவரங்களையும் தருமாறு கோரவும் திட்டமிட்டுள்ளார்கள். இந்த ஆகஸ்ட் மாதம் ஏற்பாடு செய்யப்பட்டிருந்த உரையாடும் அன்னையர் நிகழ்ச்சி இந்த திட்டங்களில் ஒரு அம்சமாகும் என்று ஏற்பாட்டாளர்கள் குறிப்பிட்டனர். இணையம் வழி விருதுக்குப் பொருத்தமான அன்னையரைப் பரிந்துரைப்பது இது பொதுமக்களிடம் நல்ல வரவேற்பையும் பெற்றது. இவ்வாண்டின் விருதுக்காகப் பரிந்துதுரைக்கப்பட்ட விண்ணப்பங்களில் அறுபது விழுக்காடு இணையம் வழி பெறப்பட்டவை. இதயம் கவர்ந்த எங்கள் அன்னை என்னும் ஒளிஊடகக் காட்சி எல்லோரையும் கவர்ந்த இவ்வாண்டின் புதுமைகளில் ஒன்று என்று ஏற்பாட்டுக்குழு நெறியாளர்களுள் ஒருவரான அஸ்லான் சலீம் குறிப்பிட்டார்.

இவ்வாண்டு ஒப்பற்ற அன்னை விருது வழங்கும் நிகழ்வின் சிறப்பு விருந்தினர் அதிபர் ஹலீமா யாகூப் தனது உரையில் உரையாடும் அன்னையர் போன்ற நிகழ்வுகள் மூலம் ஜாமியா ஒப்பற்ற அன்னை விருதுக்கு இன்னும் சிறப்பு சேர்க்கிறது என்று புகழாரம் சூட்டினார்.

ஜாமியாவின் தலைவர் முனைவர் முகம்மது ஹஸ்பி அபூபக்கர் தனது உரையில் சிறப்புபெறும் அன்னையர்களுடன் மூத்த அன்னையர்களான பாட்டிமார்கள் குடும்பத்துக்கு ஆற்றும் பணியும் மறக்க முடியாதது என்று குறிப்பிட்டார். அவர்களின் பணியின் தனித்துவத்தை கவுரவிப்பதும் நமது கடமையாகும் என்று குறிப்பிட்ட முனைவர் ஹஸ்பி பல்வேறு பணிகளில் முழுநேரமாகவோ பகுதி நேரமாகவோ தம்மை நடுபடுத்திக்கொள்ளும் இளம் அன்னையர்கள் தங்கள் அன்னையருக்கும் கடமைப்பட்டுள்ளார்கள் என்றார்.



### வெற்றியாளர்களின் கதை

மணவிலக்கு பெற்ற திருவாட்டி ஜமாலியா தனது 11,13,15 வயது குழந்தைகளுடன் தனது வாழ்க்கையை ஒரு வாடகை வீட்டில் தொடர்ந்தார். துவக்கநிலை ஆறு மட்டுமே படித்திருந்த ஜமாலியா பல்வேறு பணிகளை செய்து தனது குழந்தைகளை வளர்த்தார். அவர்களின் கல்வி உடல் நலம் என்று பல்வேறு செலவுகளுக்காக அயராது உழைத்து அவர்களை காப்பாற்றினார். இன்று அவரது மகள் ஒரு மருத்துவர். மகன் ஒரு தொழில் முனைவர். அவரது மகள் டாக்டர் மும்தாஜ் தனது அன்னை மிகவும் தைரியமானவர் என்று குறிப்பிட்டார். தம்மையும் தனது உடன்பிறப்புக்களையும் நன்கு வழிநடத்தியவர் எங்கள் அன்னை என்று பெருமையுடன் குறிப்பிடுகிறார். எளிதில் சோர்ந்துவிடக் கூடியவரல்ல எங்கள் தாய் என்று ஜாமியாவின் 27-வது ஒப்பற்ற அன்னை விருதுபெற்ற தமது தாயார் ஜமாலியாவைக் குறிப்பிடுகிறார்.

இளம் சிறப்பு அன்னைவிருதாளரான திருவாட்டி பெரிய நாயகி தனது மன உறுதியும், சமூகப்பணி நாட்டமுமே இவ்விருதுக்குத் தமைத் தகுதியானவராகக் கொண்டுசேர்த்தது என்று குறிப்பிட்டார். தனது மூன்று குழந்தைகளிடமும் தன்னம்பிக்கையை ஊட்டிவளர்க்கும் பெரிய நாயகி பொங்கோல் மேற்கு மகளிர் செயற்குழுவின் தலைவர். இவர் இக்குழுவின் மூலம் சமூகப் பங்களிப்பில் நாட்டமுள்ள பெண்களுக்கு முன்மாதிரியாகச் செயல்பட்டு வழிநடத்துகிறார்.

### ஓப்பற்ற அன்னையர் விருது- சில விவரக்குறிப்புகள்:

1993- ம் ஆண்டு முன்னாள் சிங்கப்பூர் அதிபர் டாக்டர் வீ கிம் வீ ஜாமியாவுக்கு அதிபர் கேடயம் ஒன்றை வழங்கினார். ஒப்பற்ற அன்னையர் விருதுக்கு இக்கேடயம் சுழற்சிமுறையில் ஆண்டுதோறும் சிறந்த அன்னை ஒருவருக்கு வழங்கப்பட வேண்டும் என்று ஜாமியா முடிவு செய்தது.

2005-ம் ஆண்டு சிங்கப்பூர் அதிபர் எஸ். ஆர். நாதன் இவ்விருதுக்கு புதிய கேடயம் ஒன்றினை வழங்கி தேர்ந்தெடுக்கப்படும் அன்னையர்களின் தகுதிகளுள் சமூகப்பணியையும் ஒரு தகுதியாகச் சேர்த்துக்கொள்ள கேட்டுக்கொண்டார்.

ஜாமியாவின் ஒப்பற்ற அன்னை விருதக்கான மூன்றாவது கேடயம் சிங்கப்பூர் அதிபர் டாக்டர் டோனி டான் அவர்களால் 2017- ம் ஆண்டு வழங்கப்பட்டது. இவ்வாண்டு இக்கேடயத்துக்குத் தேர்வான ஒப்பற்ற அன்னை சிறப்பு விருந்தினர் அதிபர் ஹலீமா யாகூப் அவர்களிடமிருந்து இச்சிறப்பு விருதினைப் பெற்றார்.

### மற்றொரு விருது:

ஒப்பற்ற இளம் அன்னை விருது 20018-ம் ஆண்டு ஜாமியாவால் நிறுவப்பட்டது. 40-வயதுக்கும் கீழுள்ள அன்னையர்கள் பரிந்துரைக்கப்பட்டு அவர்களில் ஒரு இளம் அன்னை விருதுக்குத் தேர்ந்தெடுக்கப்படுகிறார். கடின உழைப்பு, செயலூக்கம் சமுகப்பணி நாட்டம் ஆகியவை தேர்வுக்கான தகுதிகளாக நிர்ணயிக்கப்பட்டு பொறுக்குக்குழுவால் ஒரு இளம் அன்னை தேர்ந்தெடுக்கப்படுகிறார்.

# 模范母亲奖 - 新加坡母亲荣誉榜

自 1993 年首次设立该奖项以来,已有来自新加坡不同阶层不同背景的 26 名母亲被授予"*模范* 母亲奖" (EMA) 总统盾牌。

首届获奖者 Lim Geok Lian 女士凭借自己的的坚忍与毅力为这一奖项设定了标准,她在照顾自己饱受癌症折磨的丈夫时还不得不面对生活中的种种难关,她同时兼任数份工作以维持生计,还需尽力确保自己的孩子能够接受高等教育。2005 年,Jasminder Kaur 女士以其对社区服务的奉献精神打动了评委,成为第 13 届 EMA 获奖者。今年,Jamalia binte Shariff 女士则凭借她在面对与克服各种困难的过程中所表现出的顽强精神赢得了评委们的心,她在离婚后独自抚养三个孩子,并努力让生活重新步入正轨。看到她的孩子们无论在学业还是事业上都风生水起,无疑是对她的最大安慰。

为了巩固该奖项作为享负盛名的全国性活动的地位,并以此提高其知名度及扩大其在社区中的影响力,EMA 委员会还特别为该奖项新增了"新加坡坚韧不拔的母亲荣誉榜"这一标语。此外,EMA 联合主任之一 Mohd Hosni bin Abdul Malik 先生还表示,计划为 EMA 获奖者赋予沟通与宣传大使角色。"我们正在与我们的行业合作伙伴和 EMA 母亲的企业赞助者一起进一步寻找机会,以进一步分享他们的故事以启发他人。Hosni 先生表示:"去年八月举办的"与母亲对话"论坛就是这些努力的其中一项。"

#### 网络提名简介

今年 EMA 的另一项新举措是引入网络提名,为公众提供一个能够更加轻松进行提名的平台与途径。"超过 60% 的提名是通过我们的网站进行的。为此,我们还特别制作了名为"妈妈……我心中的女王"的宣传视频,其中展示了去年 EMA 决赛入围者接受采访的感人片段。"另一名 EMA 联合主任 Azlan Salim 先生如此说道。

新加坡总统哈莉玛在颁奖典礼上进行致辞时对 ICWM 论坛表示赞扬,她说,该论坛是 Jamiyah 福利基金不断努力"寻求扩大该奖项影响力的途径"的一个榜样。她还强调了家庭支持 在帮助"减轻我们妇女的负担,以使她们能够更好地应对各种生活挑战"方面的重要性。不仅如 此,Jamiyah 福利基金总裁 Mohd Hasbi Abu Bakar 博士在充分承认母亲对社会所做出贡献的 同时,还强调了另一个重要群体 - 即祖母的角色。"她们(祖母)同样扮演着多种角色 - 家庭压力缓冲者、家庭守卫者、家庭保姆,家庭公断人和支持者……全职妇女都需要感谢她们的母亲

无私为其抚养孙辈,以及帮助她们平衡家庭和事业这一艰巨任务所做出的巨大贡献,"Hasbi 博士说。

### 征服生活中的险竣高峰: 获奖者故事

离婚后,Jamalia 女士不得不与她年龄分别为 15 岁、13 岁和 11 岁的三个孩子一起生活在拥挤的出租屋中。她自己所受的教育仅为小学 6 年级,几乎不会说英语,但即使如此,她仍然坚持不懈,身兼数职,以确保自己能够养活一家四口,并能够支付孩子们的学费。即使生病了,她也强撑着抱恙的身体去工作赚钱。现在,她的女儿成为了一名医生,二儿子则是一名成功的商人。她同时也不忘鼓励孩子们工作之余尽力照顾自己生病的父亲。她的女儿 Mumtaz 医生对母亲荣获第 27 届模范母亲奖感到十分高兴,她说,"母亲在逆境中表现出的坚忍不拔塑造了我现在坚强的性格和勇气。 她从未沉迷于自怜自艾,而是始终以宽容,坚韧和韧性来笑对生活。即使只能拥有她一半的勇气,我也会感到十分幸运。"

对于 2019 年"年轻模范母亲奖"获得者 Peria Nayakhi 女士而言,正是她无穷的精力和对社区服务的承诺为她赢得了这一声誉。她是一名职业母亲,也是一名积极的志愿者,她在没有任何外力帮助的情况下独自照顾并抚养大三个孩子,因为她希望能够向他们灌输独立的重要性。她同时还是榜鹅西妇女执行委员会主席,在那里,她为妇女们创建了一个相互支持的体系,使她们能够利用自己的独特才能为社会做出贡献。Peria Nayakhi 始终将服务社会作为生活中的优先事项,她非常享受志愿服务为自己带来的满足感与成就感。"我告诉我的孩子们,财富是一回事,但更有意义的是追求真正的幸福。不要只专注于物质方面,情感上的平衡更加重要。"

#### 关于"模范母亲奖"

1993 年,已故新加坡前总统黄金辉博士向新加坡 Jamiyah 福利基金颁发了第一届总统盾牌,以表彰在抚养子女和家庭方面克服重重困难的杰出母亲。

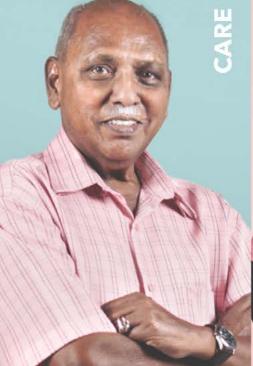
2005 年,新加坡前总统纳丹先生颁发了第二届总统盾牌,并提出了另一项评奖标准 – 受提名者的社区服务。第三届总统盾牌由前总统陈庆炎博士于 2017 年颁发,今年恰逢该奖项设立第三年轮,由现任总统哈莉玛向第 27 届模范母亲奖获得者颁发。

### 关于"年轻模范母亲奖"

2018 年推出的"年轻模范母亲奖"是特别为干禧世代、即年龄在 40 岁以下的母亲设立的奖项,旨在表彰其杰出的勇气、企业家精神、努力工作,以及为社会做出贡献的决心。

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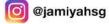
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